

ELMHURST

The House of Friendship - Since 1890

News from Under the Elms

February 2018

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Residents Share at Show & Tell Topics

January's Topics program put the spotlight on residents who took center stage to share their stories and some interesting objects.

At right, Jackie Connors, seated listens as Melissa Mansuetto, assistant program director, reads a touching letter from Jackie's son,



thanking her for her nurturing and support. Veterans

Henry Hupp and John Lucas told us about a few of





their WWII escapades.

Above right, Shirley Milton shared prized seagrass handmade baskets produced by women in Charleston, SC. Near right, Ila McConaughey displays a pillow with a picture of herself and a grandson after the duo took a ride in a plane glider. At left, Barbara Palmer shared her work with the Wheeling Park Commission.

New resident **Tony Chieffalo** told us about himself. **Rachael Davis**, center, shared a collection of boxes from around the world and Thelma Charvat's Russian ballet story was hysterical! Centenarian **Alice Mason's** dancing dog topped off the day and left us laughing.











Jamie's Corner Jamie Crow Executive Director

We've been weather ing winter pretty well around our house, thanks to all of the fun activities that keep us from 'cabin fever.' Thanks to all who work to make life fun in every season at Elmhurst.

Speaking of seasons, plans are underway for another spectacular Shrimp Boil on the Lawn on July 28. If you'd like to sponsor, call me. A great night of fine food and entertainment has had people asking for another great night with us.

The Amazing Raise is around the corner - May 1. I hope you'll help Elmhurst with your online, or drop off donations. More info coming soon.

Take notice of our expanded exercise classes. They're terrific and help us stay fit. — Jamie

Education Component Added To Expanded Exercise Classes



Combining the "use it or lose it" mantra with education about body mechanics, Karen Simons, PTA for Blue Sky Therapy, has generated a heightened enthusiasm among residents to attend our exercise classes.

"I'm discovering that I'm using more muscles now and it has made a difference," commented



98 year-old Naomi Hupp, adding, "I wouldn't want to miss a class." Fellow resident Elsie Becker opined, "She doesn't do anything that strains us too much. It's really very good."

Simons said her philosophy of life is the same no matter what age you are. "I believe you should live life to your fullest potential. Our bodies are beautifully made and movement is the thing that is going to sustain us to function throughout life." Let's get moving. Join us!



Be Our Valentine on May 1
Amaze Us at the Amazing Raise

January Scrapbook...



Winter Picnic Chases the Cold Weather Away







Melinda Simmons serves condiments to Marjorie Mathieu and Jackie Connors at the winter picnic, at left. Center photo: Rodney Newell serves lunch to Barbara Palmer, Patty Young, Grace Pennebaker, and Ila McConaughey. Shirley Milton enjoys her grilled hot dog!











Picnickers, at left above, include John Lucas, Blanche Wakim, and Paul Crow. Dot Pyle and Tony Chieffalo enjoy our picnic lunch on the sunporch dining area.

- January Happenings Around the House -

Residents
Put Away
Ornaments
Annual
Rummage

Sale Fun







Thank You Elmhurst wishes to thank the following for donations to the Thanksgiving Appeal: Donna Lukich, Janet L. Honecker, Edward George, and Drs. Karl & Cynthia Mueller. Thanks to Marjorie Mathieu for the donation of books and to Della Misenhelder for donating puzzles to Elmhurst.





Marjorie Mathieu





Games Winter **Fun-Time**

Happy Anniversary, Henry & Naomi Hupp- Feb. 13

February Birthdays

Residents



Thelma Charvat Feb. 14 Rose Saines Feb. 28

Staff



Paula Coats Feb. 20 Lilly Barickman Feb. 22

February Special Events Calendar

Make

Thurs., Feb. 1 The Highlands 1:30

Tues., Feb. 6 Nature Film 10-11 Pastor Willits Sings 2:00

Weds., Feb. 7 Sensory Day Fun 1:30 & Dinner at Panera and Gigi at Marquee Cinema 3:00-7:00

Thurs., Feb. 8 Talk with Travis 1:30

Fri., Feb. 9 Sweets with Jamie 10

Mon. Feb. 12 Olive Garden for Lunch; Big Bowling 2:00

Weds., Feb. 14 Valentine Party Lunch; Craft 2:00

Thurs., Feb. 15 Jean Schalk 1:30

Fri., Feb. 16 Koffee Klatch 10:00

Mon., Feb. 19 Presidents' Day picnic/ OV Mall 1:30

Weds., Feb. 21 Topics Master Gardener 2:00/3rd Flr. Block Party 3:30

Fri., Feb. 23 Nature Film 10

Mon., Feb. 26 Men's Lunch; Roundtable 2:00

Weds., Feb. 28 Donut Shop 1:30