ELMHURST
Celebrating 125 Years of Service 1890-2015

NEWS from under the ELMS | Elmhurst, The House of Friendship | May 2015 - Volume 15- Issue 5

Our Anniversary Celebration Gets Off to Great Start!

Our 125th anniversary celebration was inaugurated on Arbor Day as we christened a stately elm tree planted on the back lawn. Samuel Bloch's great-grandson, Stuart Bloch and his wife, Stephanie, were on hand for the ceremonies. Our TK St. Michael Parish School students also participated. Residents launched blue and white balloons from the audience seats to kick-off our special year. Board members and Friends of Elmhurst representatives were in attendance.

Elm trees original to the Bloch estate were decimated by Dutch elm disease. Our anniversary year was the perfect time to see them returned, noted Executive Director Jamie Crow.

Mr. and Mrs. Bloch are honorary chairpersons of the August 15 "An Evening Under the Elms" special event.

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Pictured from left to right,at left, are Elmhurst board member Jay Frey, Stuart and Stephanie Bloch, Executive Director Jamie Crow, and board president-elect Mike Barickman.

Treasured Recipes

The Cookbook Is Available for Sale

The Elmhurst "Treasured Recipes" cookbook has arrived and is available for purchase.

The cookbook includes recipe contributions from residents, their family members, friends, and staff.

Categories include appetizers, beverages, soups and salads, vegetables and side dishes, main dishes, breads and rolls, desserts, cookies and candy. In addition, a special section features recipes for large groups from our kitchen recipe box.

The cookbook is available by mail for $18.45 or at our offices for $15 Mon–Fri., 8:30–4:30.Call to order for mailing: 304.242.0240.

Jamie's Corner

Jamie Crow, Executive Director

What a wonderful spring we are enjoying at Elmhurst! The flowering trees are exceptionally beautiful this year and the wicker has returned to the front porch much to the delight of the residents. If only the weather would be accommodating!

We'll soon know our May 5 Amazing Raise participation results. I hope everyone will go to www.giveov.org and donate to Elmhurst. Every little bit is important. You also may write a check to the CFOV, date it May 5, put Elmhurst in the memo line and drop it off or mail it to us so we can deliver it May 5 to Raise headquarters. Thank you!

I want to send a special thank you to everyone who participated in our Arbor Day event that kicked off the 125 year anniversary year. Stuart Bloch, great-grandson of Samuel S. and Bertha Bloch, and his wife Stephanie joined us to christen the elm tree that was planted in celebration of our special year. The sun was out and blue skies greeted our festivities. Thank you all!

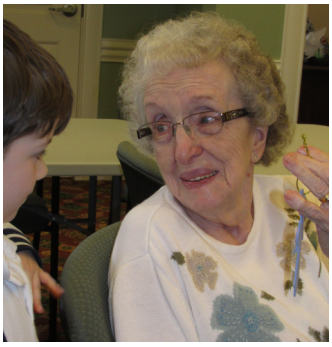
Our Van Fund Drive is getting close to the number required to purchase the perfect, accessible van for our residents. I will have van prospects on our campus soon for residents to check out before we say "yes" to a new vehicle. Thanks to all who have donated to the fund drive.

Our cookbook is selling like "hotcakes." Planning is underway in earnest for our August 15 gala. Our annual picnic is Agust 8.

Lot's of fun ahead at Emhurst. —Jamie

TEA & TOPICS - Marist Brother and Master Gardener John Byrd discussed the Spirituality of Gardening at April's Tea & Topics. The audience was thoroughly engaged as they learned how the earth around us has broader impact upon our lives, spiritually.

SMPS Students Present Us with Gifts



Pictured, top left: Flossie Huls with SMPS friends. Top right: Dolly Meyer and a new pal.

Janet Carenbauer, above left, and Nancy Darby, above right, get to know the SMPS students.

< Sweet Treats Day For our Bakers

Sweet treats were enjoyed at Baking Club by Betty Snyder and Evelyn Nikolaus.

Laughter Really Is Great Medicine

Researchers have found that one of the best things seniors can do for themselves is to laugh.

According to a study conducted by Loma Linda University, one way to prevent memory loss is to laugh. During testing folks 60-70 years of age, those who were told to sit quietly and do nothing were given a memory test afterwards. Others who watched humorous videos performed better on memory tests afterwards than those who sat quietly, unengaged. Those who watched videos also had drastically lower levels of the stress hormone, cortisol. So, read, watch, and listen to something that makes you laugh, everyday!

APRIL SCRAPBOOK...Cookbooks, Elm Tree, Easter Dinner & More

A wonderful Easter luncheon was served to residents, at left, Margaret Kirchner, Helen Mendel and Betty Snyder. Below at left are Laura Wakim, Gretchen Strauss and Barbara Myers. Below in photo at right are Rose Saines, Bessie Higgins, Gladys Van Horne and Mary Martin.

St. Mike's K–T Offer Hugs All Around on Arbor Day

Happy Mothers' Day May 10

FYI—The following Elmhurst residents contributed to our cookbook: Caroline Becker, Mary Porterfield, Blanche Wakim, Rose Saines, Maggie Ryan, Mary Eleanor Colvin, Jean Burkle, Dolly Meyer, Rachael Davis, Naomi & Henry Hupp, Evelyn Nikolaus, Margie Wheat, Peggy Foster, Dolores Ambrister, Flossie Huls, Dot Pyle, Alberta Kirchner, and the late Belma Jean Parks. Thanks to you and your family members and friends, and staff, too.

Mehlman's Pie Selections Were A Big Hit at Lunch!

Amy Beaver displays a sweet selection of pies from everyone's favorite Mehlman's Cafeteria that the residents enjoyed at a recent lunch.

Consider a Gift

Generosity from "Friends of Elmhurst" helps us to continue the high quality of service we are proud to provide our residents at this historic location for decades.

Please contact Executive Director Jamie Crow if you wish to discuss information about planned giving, bequests, gift annuities and endowments.

All such contributions are tax deductible.

304.242.0240

Send contributions to:

Friends of Elmhurst, 1228 National Road,

MILK FUND SUPPORT

Donations to the Laughlin Chapel milk fund from Elmhurst residents, to date, are $7,578.93. Kudos!

- MAY BIRTHDAYS -

Staff...Sarah Whitfield...May 19

Balloons Signal the Start Of Our Anniversary Year

STAFF emails

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< Mary Sacco was our first front porch visitor and Amazing Raise promoter!

THANK YOU—Contributions were received in memory of Janet McCammon from Eleanor Peyton & Jean Burkle.

Van Fund—Henry & Naomi Hupp

Library Books—M/M Tom Kirchner

MAY 2015 CALENDAR,

Fri., May 1	Crazy Eights 2 pm/WPHS Musical 6:15 pm
Sat. May 2	Kentucky Derby 4—7 pm/Movie
Sun., May 3	*Christy* film series 6:30 pm
Mon., May 4	Shopping at Suzanne's 1:30—2:30 pm
Tues., May 5	Koffee Klatch 10 am/Movie 2 pm
Wed., May 6	Lunch at Olive Garden Noon/Bingo 2 pm
Thurs., May 7	Ohio Valley Mall Shopping 1:30 pm
Fri., May 8	Donuts with Jamie 10 am/Spring Stretch 2 pm
Sat., May 9	Movie 6:30 pm
Sun., May 10	*Christy* 6:30 pm **MOTHERS' DAY**
Mon., May 11	Plant Shopping & Gardening 1:30 pm
Tues., May 12	Spring Stretch 2 pm
Weds., May 13	Country Ride 1:30 pm
Thurs., May 14	1st Flr. Block Party 1:30 pm
Fri., May 15	Movie 2 pm/WSO Masterworks 7:15 pm
Sat., May. 16	Movie 6:30 pm
Sun., May. 17	*Christy* 6:30 pm
Mon. May 18	Shopping at The Highlands 1:30 pm
Tues., May 19	Yahtzee 2 pm
Wed., May 20	Tea & Topics: CVB's Frank O'Brien 2 pm
Thurs., May 21	Brunch/Bingo 2 pm
Fri., May 22	Memorial Day Picnic/Spring Stretch 2 pm
Sat., May 23	Movie 6:30 pm
Sun., May 24	*Christy* 6:30 pm
Mon., May 25	Movie 2 pm **MEMORIAL DAY**
Tues., May 26	Spring Stretch 2 pm
Weds., May 27	Elmhurst Olympics 2 pm
Thurs., May 28	Puddin 1 pm/Roundtable 2 pm
Fri., May 29	Koffee Klatch 10 am
Sat., May 30	Movie 6:30 pm
Sun., May 31	*Christy* 6:30 pm

MWTh- Exercise, Walking 10 am

Bible Study-Thurs., 4 pm

Bridge - Friday, 6:30 pm

Lunch with Books—Tues., 11:30 am

Elmhurst Chorus—Thurs., 6:30 pm